



HISD | Office of Student Support

STEADY ENCOURAGEMENT. STEADY GROWTH.

Social and Emotional Learning (SEL)

NEWSLETTER

January 2018

The **Social and Emotional Learning** department coordinates the implementation and growth of culturally responsive and emotionally safe learning environments. They have resources to help students develop skills to manage their emotions, form positive relationships, feel empathy for others, and make responsible decisions.

TOP STORIES



Restorative practices training at K. Smith Elementary
Growing to support our scholars Social and Emotional Learning



Assistant Principals Cohort at Ryan PD
Dr. Scott modeling effective practices at the Assistant Principals Cohort.

PROFESSIONAL DEVELOPMENT

- Jan. 23** **AWESOMESAUCE SERIES • COURSE: 615001 •**
Gain practical and innovative classroom management behavior tools and strategies for immediate, long term, and effective implementation in the classroom and school- wide.
- Jan. 24** **CHAMPS ONE DAY • COURSE: 136001 •**
Suitable for Prek – 8th grade
RYAN AUDITORIUM
- Jan. 24** **STUDENT DISCIPLINE SEL • COURSE: 44002 •**
Administrators will learn about TEC Chapter 37, Code of Student Conduct changes, DAEP/JAEP referrals, and Social Emotional Learning Support

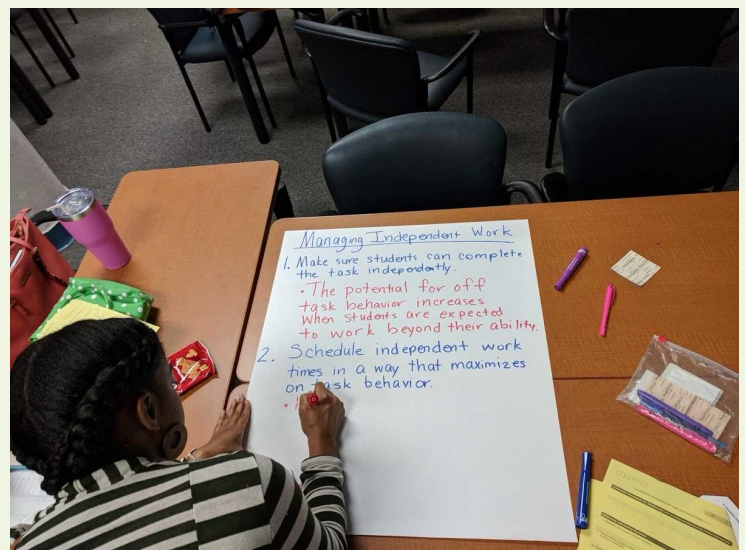
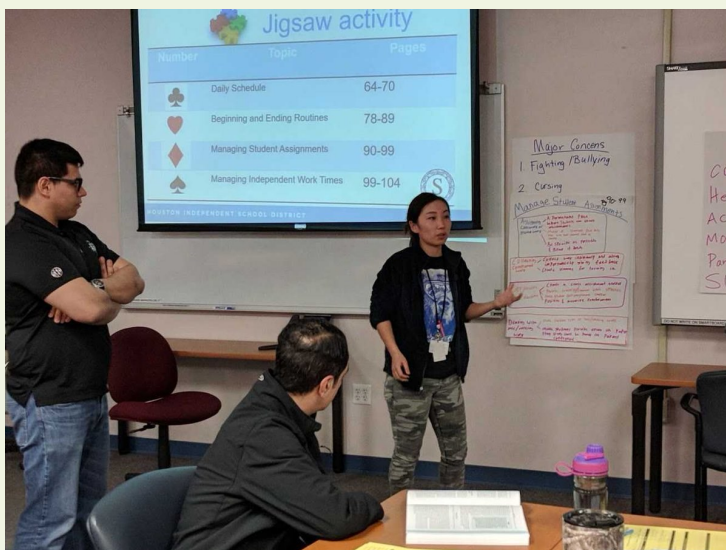
Jan. 25 **CHAMPS/DSC ONE DAY • COURSE: 118001 •**
Suitable for all grade levels
RYAN AUDITORIUM

Jan. 29 **CHAMPS ONE DAY • COURSE: 136001 •**
Suitable for Prek – 8th grade
RYAN AUDITORIUM

Jan. 30 **CHAMPS/DSC ONE DAY • COURSE: 118001 •**
Suitable for all grade levels
RYAN AUDITORIUM

Jan. 31 **STUDENT DISCIPLINE SEL • COURSE: 44002 •**
Administrators will learn about TEC Chapter 37, Code of Student Conduct changes, DAEP/JAEP referrals, and Social Emotional Learning Support

CHAMPS TRAINING @ EAST FIELD OFFICE



District-wide Graduation Support Meeting



TIPS AND STRATEGIES FOR THE MONTH

MANAGING DIFFICULT AND ESCALATING BEHAVIOR

Despite all our best efforts in prevention of escalating behavior, there may be times that a student will continue to escalate. Let us first remember to always start with teaching the student the expected behavior when a rule infraction has been made. With teaching, modeling, and practicing expected behavior, comes highly predictable class routines and structure. These are good strategies to use in the calm phase of the escalating behavior "roller coaster." The following are some helpful tips in managing those escalated behaviors.

1. Plan Ahead

- Notice signs of distress (i.e., look for facial grimacing, heavy breathing, attempts to flee or fleeing behavior etc.)
- Connect with student and validate feelings (i.e., "you look as if you are getting upset, do you need to talk with someone about it?")
- Assist student with task or provide space

2. Avoid Shouting and Arguing

- Get on the student's level
- Project calmness-use a calm voice

3. Avoid Moving Into the Student's Space or Touching the Student

- Minimize the number of staff involved

4. Avoid Engaging in Power Struggles

- Validate the student's feelings
- Empathize with the student's situation

5. Remain Calm and Respectful

- Listen actively and demonstrate sincere concern

6. Use PEP (Privacy, Eye Contact, and Proximity)

- Use verbal and non-verbal non-threatening communication to diffuse confrontation

7. Present the Information as a Choice

- Re-direct with choices for alternative activities
- Provide de-escalation tasks

8. Give All students a Place to Calm Down

- Allow a pre-designated "Cool Down Spot"

9. Follow-Through

- When student calms-discuss restitution and class re-entry
- Allow student to help determine the restitution

10. Offer Immediate Reinforcement for Compliance

- Keep working at those ratios of 3 to 5 positives for every one corrective given
- Reinforce small attempts of positive behavior

Interventions and Helpful Websites

HISD Campus Supports: [Tools for Managing Problem Behavior](#) -District manual addressing common behaviors in the classroom with examples of behavioral interventions, alternatives to suspension, and sample progress monitoring tools

- Involve the campus Intervention Assistance Team (IAT)
www.InterventionCentral.org